



August

HEALTHY
MEALS
FOR
EVERYBODY



Monday

Tuesday

Wednesday

Thursday

Friday

2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23 Biscuit Turkey Sausage Cereal Juice Milk	24 Waffle Cereal Link Juice Milk	25 Pop Tart Cereal Pork Sausage Juice Milk	26 Pancakes Cereal Turkey Sausage Juice Milk	27 Kolache Cereal Link Juice Milk
30 Muffin Cereal Turkey Sausage Juice Milk	31 Biscuit Chicken Patty Cereal Juice Milk	<p>Have FUN and color Me!</p>		